

COMMONWEALTH GAMES FEDERATION

Commonwealth Womens Equipped Benchpress Championships, Sun City (South Africa), 04-13.10.2024

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-47kg												
1.	Sohail Sybil	12.04.91	PAK	46,60	0,7635	3	30,0	35,0	40,0	35,0	26,72	12
-57kg												
1.	Ranjeeta Ranjeeta	15.06.84	IND	55,50	0,6584	7	40,0	47,5	52,5	52,5	34,57	12
-76kg												
1.	B M Vaishali	20.07.97	IND	73,95	0,5521	15	40,5,0	105,0	112,5	105,0	57,97	12
2.	Sukanya Tejavath	15.12.95	IND	74,90	0,5487	14	85,0	85,0	107,5	85,0	46,64	9
3.	Bell Elena	18.12.90	NI	72,40	0,5579	13	72,5	77,5	80,0	80,0	44,63	8
4.	Hall Lottie	30.05.87	ENG	75,55	0,5464	16	70,0	75,0	77,5	77,5	42,35	7
-84kg												
1.	Tripathi Mansi	08.09.89	IND	81,75	0,5278	20	55,0	65,0	70,0	65,0	34,31	12
2.	Sohail Twinkle	03.03.96	PAK	76,15	0,5444	19	50,0	52,5	55,0	52,5	28,58	9
84+kg												
1.	Sharma Bhavana	01.12.92	IND	85,90	0,5177	24	75,0	85,0	85,0	85,0	44,00	12

Team (points)

1.	India	57	[12+12+12+12+9]	217,48	IPF GL
2.	Pakistan	21	[12+9]	55,30	IPF GL
3.	Northern Ireland	8	[8]	44,63	IPF GL
4.	England	7	[7]	42,35	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	B M Vaishali	India	73.95	105,0	57,9668	1
2.	Sukanya Tejavath	India	74.90	85,0	46,6373	2
3.	Bell Elena	Northern Ireland	72.40	80,0	44,6321	3

Sub-Juniors

-57kg												
1.	Mohan Dhisha	26.04.06	IND	56,30	0,6515	6	72,5	72,5	78,0	78,0	50,81	12
-69kg												
1.	Mulder Chante	14.11.06	RSA	67,90	0,5773	11	90,0	95,0	97,5	95,0	54,84	12
-84kg												
1.	Tatum Katie	25.11.06	ENG	81,95	0,5273	18	50,0	55,0	60,0	60,0	31,64	12

Team (points)

1.	South Africa	12	[12]	54,84	IPF GL
2.	India	12	[12]	50,81	IPF GL
3.	England	12	[12]	31,64	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Mulder Chante	South Africa	67.90	95,0	54,8413	1
2.	Mohan Dhisha	India	56.30	78,0	50,8140	1
3.	Tatum Katie	England	81.95	60,0	31,6360	1

Juniors

-47kg												
1.	Pinto Shalan	29.09.01	IND	46,50	0,7650	2	65,0	72,5	75,0	65,0	49,73	12
-52kg												
1.	Sohail Veronika	21.07.02	PAK	48,45	0,7365	4	30,0	32,5	35,0	32,5	23,93	12

Team (points)

1.	India	12	[12]	49,73	IPF GL
2.	Pakistan	12	[12]	23,93	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team					Bwt			Result	IPF GL Points	C.Rnk
1.	Pinto Shalan	India					46.50			65,0	49,7267	1
2.	Sohail Veronika	Pakistan					48.45			32,5	23,9348	1
Masters 1												
-47kg												
1.	Chaudhari Priti	06.05.79	IND	45,85	0,7754	1	40,0	42,5	42,5	42,5	32,96	12
-57kg												
1.	Inamdar Dr Sharvari	21.02.83	IND	56,50	0,6498	5	92,5	97,5	100,0	97,5	63,35	12
-69kg												
1.	Kokane Poonam	31.03.80	IND	68,45	0,5747	10	57,5	62,5	62,5	57,5	33,04	12
-84kg												
1.	Bhadekar Jyoti	20.10.77	IND	82,50	0,5258	17	60,0	62,5	65,0	65,0	34,18	12
84+kg												
1.	Parkin Joanne	31.05.75	SCO	121,20	0,4724	23	120,0	130,0	137,5	130,0	61,42	12
Team (points)												
1.	India	48	[12+12+12+12]					163,53		IPF GL		
2.	Scotland	12	[12]					61,42		IPF GL		
Best Lifters of Masters 1 by IPF GL Formula												
Rnk	Lifter	Team					Bwt			Result	IPF GL Points	C.Rnk
1.	Inamdar Dr Sharvari	India					56.50			97,5	63,3523	1
2.	Parkin Joanne	Scotland					121.20			130,0	61,4176	1
3.	Bhadekar Jyoti	India					82.50			65,0	34,1795	1
Masters 2												
-63kg												
1.	Spragg Rachel	28.10.70	ENG	62,55	0,6062	8	77,5	82,5	90,0	82,5	50,01	12
84+kg												
—	Laird Joanne	24.11.72	ENG	135,40	0,4648	22	155,0	155,0	157,5	DSQ	—	—
Team (points)												
1.	England	12	[12]					50,01		IPF GL		
Best Lifters of Masters 2 by IPF GL Formula												
Rnk	Lifter	Team					Bwt			Result	IPF GL Points	C.Rnk
1.	Spragg Rachel	England					62.55			82,5	50,0126	1
Masters 3												
-69kg												
1.	Leighton Heather	25.06.64	RSA	68,70	0,5735	9	70,0	72,5	75,0	72,5	41,58	12
-76kg												
1.	Wheeler Janine	13.12.60	CAN	75,50	0,5466	12	62,5	67,5	72,5	67,5	36,90	12
84+kg												
1.	Blasbery Jackie	10.03.63	ENG	97,95	0,4957	21	80,0	90,0	100,0	100,0	49,57	12
Team (points)												
1.	England	12	[12]					49,57		IPF GL		
2.	South Africa	12	[12]					41,58		IPF GL		
3.	Canada	12	[12]					36,90		IPF GL		
Best Lifters of Masters 3 by IPF GL Formula												
Rnk	Lifter	Team					Bwt			Result	IPF GL Points	C.Rnk
1.	Blasbery Jackie	England					97.95			100,0	49,5743	1
2.	Leighton Heather	South Africa					68.70			72,5	41,5817	1
3.	Wheeler Janine	Canada					75.50			67,5	36,8956	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CAN = Canada
ENG = England
IND = India

NI = Northern Ireland
PAK = Pakistan
RSA = South Africa

SCO = Scotland